



Dear Clients,

THIS MONTH I WOULD LIKE TO INTRODUCE OUR SKIN RANGE ESTHEDERM THAT IS FORMATTED BY WELL KNOWN AESTHETICIANS AND DERMATOLOGIST AND SUITABLE FOR ALL DIFFERENT SKIN TYPES. ESTHERDERM'S GREAT RANGE OF SERUMS, CREAMS, EXFOLIANTS AND MASKS ARE DESIGN TO TREAT NORMAL, OILY OR DRY SKIN, JUST AS WELL AS SPECIFIC PROBLEMS WITH ACNES, PIGMENTATION AND DEHYDRATION.

ALSO, FOR THOSE ONES WHO ARE SUFFERING FROM BODY ACHES AND PAINS, LACK OF ENERGY OR EVEN DEPRESSION, YOU MIGHT LIKE TO TRY REMEDIAL MESSAGES AND BOWEN THERAPY WITH OUR MASSAGE THERAPIST BRETT JENSEN.

AND, FOR ALL OF US WHO ARE LOOKING FOR HEALTHY LIFE STYLE, I WOULD HIGHLY RECOMMEND THE BOOK BY BEST SELLING AUTHOR ELAINE HOLLINGSWORTH " TAKE CONTROL OF YOUR HEALTH AND ESCAPE SICKNESS INDUSTRY", WHICH FROM NOW ON YOU CAN PURCHASE IN OUR SALON FOR THE PRICE OF \$ 35.

HOPE YOU ENJOY THIS MONTH WITH US AND KEEP HAPPY, HEALTHY AND WISE.

The Perfect Gift
Gift Voucher



Top 10 Crimes Against Your Body

People have been pushing the limits of the human body since the beginning of time. Body piercing, tattoos, ear stretching, and more were used in ancient cultures as a rite of passage, to express spiritual beliefs and, often, to display varying cultural ideals of beauty. In the modern world, body modification is still popular, though not without risk. Most dyes used in tattooing are not approved for cosmetic purposes and were produced for industrial uses such as car paint, for instance. Body piercing can also cause problems depending on the type of metal used and the location of the piercing.



What are the top 10 things people do to their bodies that they probably shouldn't? This LiveScience article has detailed the top 10:

- 10. Toe Shortening: The surgery involves removing part of the toe bone, can cost up to \$10,000 and can lead to arthritis.
- 9. Laser Hair Removal: The treatment disables hair follicles and can lead to scarring if not properly done. Plus, it doesn't remove all the hair, and it might only last for a couple of years.
- 8. Body Piercing: Piercing delicate places like nipples, genitals or your tongue can interfere with breastfeeding, increase the risk of spreading STDs, and chip your teeth, respectively.
- 7. Grills: The metal jewelry worn across your teeth costs thousands of dollars and can accelerate tooth and gum decay.
- 6. Permanent Makeup: Tattooing makeup on your face may be generally safe, assuming the fashion world and your taste won't change in the next 50 years.

5. Bariatric Surgery: Over 40 percent of these surgeries result in major complications within six months, such as diarrhea or hernia.

4. Skin Whitening: Some topical whiteners contain mercury, which causes nerve and kidney damage. Others contain hydroquinone, a carcinogen banned in Europe that blotches your skin.

3. Botox: Botox, which paralyzes your facial muscles to rid you of wrinkles, can cause respiratory failure and death.

2. Plastic Surgery-Enhancement: The surgery carries an extreme risk of deformity and loss of sensitivity, which is why no reputable surgery will perform it on a healthy parts of body.

1. Liposuction: Liposuction removes only about 10 pounds of fat after four hours of dangerous surgery.

Recovery is long and painful, and there is a death rate of 1 in 5,000 procedures.

Sources:
LiveScience April 22, 2008

Microdermabrasion

www.divinedreambrisbane.com

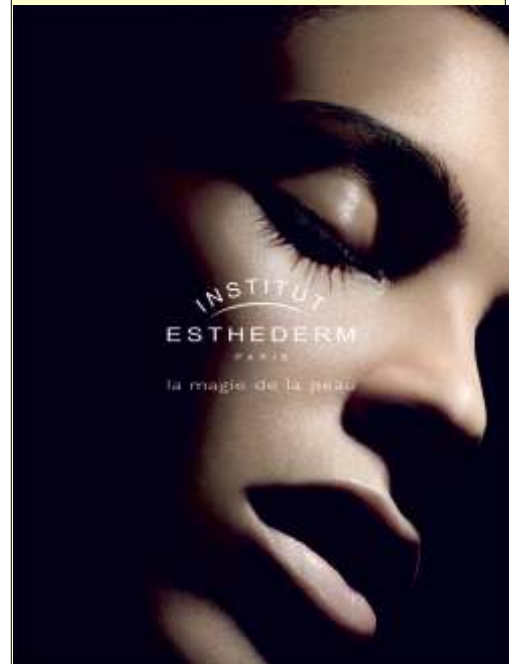
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With over 80 patented formulations and products that are 100% active, Institut Esthederm has had more testing and been proven therefore we can guarantee results.

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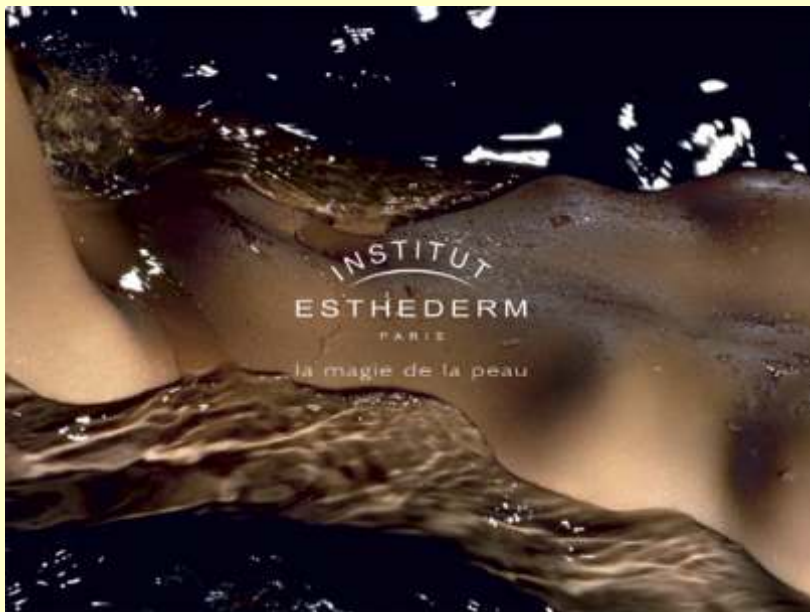
Founded in 1978, 30years ago in France by Dr Thorel. Institut Esthederm is formatted by Estheticians and Dermatologists using research that revolves around one innovative concept "pro-activity" a unique strategy that gives the skin the means to react on its own, "re-educating the skin to repair itself." This approach guarantees immediate, visible effects and notably long lasting deep results.

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Most common conditions massage therapists treat

Positive Energy Massage with Brett Jensen



Here are the top four:

1. Headaches - Many people suffer from headaches daily. But few know that massage can be a natural alternative to taking aspirin or ibuprofen, and possibly provide long-term positive results. There are four kinds of headaches, all of which affect clients regularly:

* *Cluster* - a series of intense painful headaches that occur in groups or in a cycle. These may be caused by high blood pressure, which can restrict the amount of oxygen supplied to the brain. These can be triggered by weather, time of year, or menstrual cycles.

* *Migraines* - Vascular headaches are caused by blood volumes and pressures changing in the brain. These headaches can often cause nausea and/or vomiting and make one sensitive to light, sound and movement, sometimes caused by hormones, tension (accompanied by a lack of sleep), skipping meals, or excessive fatigue.

* *Tension* - Tension headaches are often called stress headaches and are caused by tight muscles. The pressure is often around the forehead, jaw, neck and back of the head. It is usually described as a throbbing pain.

* *Sinus* - These headaches are located just above, below and/or behind the eyes. This may be accompanied by nose and sinus stuffiness. These are typically caused by low-pressure weather fronts, allergies, excessively dry air, moving air/blowing fans, or inflamed sinus cavities.



2. Carpal Tunnel Syndrome (CTS) - Often people believe they have CTS, when actually they have Thoracic Outlet Syndrome or

tightness in the pronator teres muscle in the forearm. Carpal Tunnel will cause a 'painful numbness' in the palm and last two fingers. Many times clients will complain of their hands being tingling or numb when they awake from a night's sleep. Some pregnant women are diagnosed with CTS. Massage, stretching and often night wrist splints can help reduce the discomfort.

3. Plantar Fasciitis - When a client complains of foot or heel pain, the cause could be plantar fasciitis. Some symptoms include stiffness in the arch of the foot, or pain in the heel (especially first thing in the morning). This pain is caused by a shortening of the largest ligament in the bottom of the foot. Pain can be caused by direct injury to the heel or by repetitive impact on the feet. Massage therapists can provide deep, slow massage and stretching to the feet and calf muscles.

4. Prenatal/Pregnancy Massage - The benefits of prenatal massage are numerous, including contributing to shorter labor and reduced tearing for expectant mothers, as well as lessening the need for medication, minimizing depression and anxiety and shortening hospital stays.

Positive Energy Massage with Brett Jensen



- * remedial massage
- * swedish massage
- * structural realignment
- * treatments for headaches and migraines
- * m.o.f.o Bowen therapy
- * treatments for chronic and acute pain

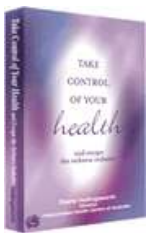
"Take Control of Your Health and Escape the Sickness Industry"

by Best Selling Author Elaine Hollingsworth

THIS BOOK MAY SAVE YOUR LIFE, BUT FOR SURE WILL CHANGE YOUR LIFE!!!
OVER 90,000 COPIES SOLD WORLDWIDE

At last... a No-Holds-Barred Book that Exposes the Lies the Food Industry and Drug Manufacturing Giants Have Been Telling Us For Years and What You Can Do To Lead An Improved and Healthier Life!

Contains Over 350 pages, 27 Chapters and more...



Millions of people are suffering needlessly as a direct result of the food industry and the drug manufacturers'

unconscionable zeal to earn hundreds of billions of dollars, aided and abetted by scientists who have been paid handsomely to fudge, even falsify, test results.

Hello Friend,

My anger and disgust drove me to write this book, which has now sold over 90,000 copies, and inspired people all over the world to join our crusade against the multi-national pharmaceutical giants.

It is customary for writers and publishers to have their work scrutinised by lawyers prior to publication in order to preclude the possibility of lawsuits from companies who feel affronted by statements and evidence presented which are critical of their products, commercial practices and ethics.

I have chosen not to do so.

Instead I have gone to extreme lengths to ensure the accuracy of my statements and the veracity of my evidence. Any offence and distress caused to organizations and companies criticized in this book is entirely intentional! They deserve it!

It is the least I can do in defence of the millions of their victims who have suffered much more than distress as a result of their disgraceful, self-interested conduct.

In particular, should any of those I

have singled out for dishonourable mention feel that my attack is unwarranted in their case, I would welcome the opportunity to debate the issue with them in court and in public.

I can assure them that there is now a massive and growing worldwide audience of victims and their relatives who would be very interested to hear their defences. If they have any.

This remarkable book will show you how to:

Determine which foods and which minerals build bone mass

Prevent/reverse osteoporosis

Substitute safe remedies for dangerous HRT

Avoid food and beverages that cause bones to dissolve

Avoid/reverse all female (and male) complaints without drugs

Prevent/reverse impotence and prostate illnesses

Use simple, natural remedies for many common ailments

Discover the only progesterone that is effective, does not contain preservatives, and costs a few cents per day

Banish constipation

Rejuvenate your skin naturally

Banish brain fog

Prevent breast cancer

Sail through menopause, drug-free

Avoid a commonly prescribed drug that creates severe spinal degeneration, even in the young

Get a mineral that halts 40-50% of calcium loss

Get a Peruvian root vegetable that has been used for 10,000 years to promote bone density

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brow wax, lip wax
lash tint, brow tint
free eye mask treatment scalp massage

our services

Microdermabrasion

Facial Treatments

Massage

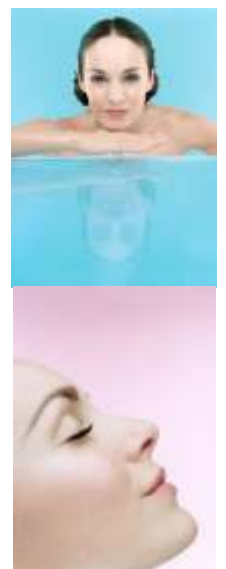
Hands & Feet

Waxing for Ladies

Men's Waxing

Tinting

Beauty Packages



and make menopause easy, and costs a few cents a day
Plus much more...

You will learn why:

- Synthetic progesterones must be shunned
 - Widely-prescribed synthetic thyroid drugs cause bone loss
 - Prostatic specific antigen (PSA) tests can be hazardous
 - Widely-advertised menopausal 'aids' can be harmful
 - Mammograms contribute to cancer
 - Sodium fluoride (in many water supplies) leads to osteoporosis, Alzheimer's Disease and cancer
 - Polyunsaturated oils contribute to heart disease
 - Olive oil and coconut oil are healthful
 - Osteoporosis drugs are dangerous and ineffective
 - Cholesterol hysteria is based on propaganda
 - Milk and calcium tablets do not promote strong bones and can cause serious health problems
 - All soya bean products, especially soya milk, leach calcium from bones, depress the thyroid gland and create havoc in the body
- Plus much more...

Allow Me To Share Conclusions Based Upon Sound Science

In my campaign and research I have been joined by independent and caring physicians, biochemists, scientists, individuals and organizations who have helped expose the extent of fraud and dishonesty, not only amongst their peers, but at the highest levels of government.

I can promise you that not one of these people is in the employ of multinational corporations. They are dedicated men and women whose conclusions are based upon sound science, not upon the propaganda, the power and the coercion of the legal drug industry.

Because they are free to speak their minds, they are the only scientists I trust.

Their opinions rarely find their way into the establishment media which is, like much of the world, under multinational domination.

My thanks go to enlightened pioneers such as Raymond Peat, MA, PhD, endocrine physiologist and prolific author; the late John R. Lee, MD,

whose work on progesterone has helped millions of women, clinical nutritionist Krispin Sullivan, and Dr Barry Durrant-Peatfield, a British physician who truly exemplifies the patient-friendly, common sense principles of Hippocrates.

Also to the courageous work of Valerie and Richard James in New Zealand for exposing the disgraceful market in soy products, deserves worldwide recognition.

Without the extensive research and generous help given by these and many other caring health professionals who took the time to talk with me, this book could not have been written.

There is more to this book...

"Take Control of Your Health and Escape the Sickness Industry" reveals damning evidence of the lengths to which corporations and governments will go in order to maintain high levels of profitability, regardless of their often catastrophic effects on the health of those they claim to serve. But there is more to this book than attacks on big business and the medical and health industries.

Throughout its pages you will discover well-researched and proven alternatives to expensive medication and surgical procedures, as well as learning about commonly held "beliefs" and even maladies which are nothing more than the inventions of marketing experts to help sell more products.

...the greatest weapon in improving your health...

"Elaine teaches self-responsibility the greatest weapon in improving your health. If everyone followed her advice, the country's medical waiting rooms and hospitals would soon be empty."

*Dr Karen Coates
MBBS Dip. Obs. RACOG, MACNEM
...valuable reference tool...*

I think everyone should read this book -- it was an inspiration to me and has now become a valuable reference tool for my own personal health regime.

*Margaret May
Federal Member of Parliament
Canberra, Australia*

**THIS BLATANTLY SUBVERSIVE
BOOK SHOULD BE
READ BY EVERYONE!...**

*Elaine attacks the pharmaceutical
multinationals and their medical co-*

conspirators.

She warns about the life-threatening effects of artificial sweeteners.

She explains exactly why soy is not fit to eat.

She informs men about widely advertised foods that lead straight to impotence and prostate disease.

She gives everyone a blueprint for overcoming all illnesses naturally, and living a long, healthy life.

I WONDER WHERE ELAINE GETS HER COURAGE!

*Michael Curry B.A.
DIP.ED.DIP.ACU.BR7
Accredited AACMA
Tweed Essential Therapies
Tweed Heads, NSW, Australia*

...blueprint for getting well and staying well.

Elaine Hollingsworth has done a most impressive piece of research in her book, "Take Control of Your Health and Escape the Sickness Industry". This book, which we recommend to all of our patients, is a blueprint for getting well and staying well. The depth of information on the dangers of all soy products is particularly important and should give pause to the many health professionals who recommend it.

*Aidan Pargeter
NZSNTR O.A. N.D. A. YINSH.H.Cc.
H.B.T, DIP.N.Sc
Rotorua, New Zealand*

...integrity of her research is impressive.

Elaine Hollingsworth's tenacious approach and the integrity of her research is impressive. As a woman, I certainly want her on my team.

*Patricia Lassalle
London, England*

...I no longer could face telling people lies.

The book confirmed my own knowledge and experiences. I was a general medical practitioner for 18 years but I have given it up because I no longer could face telling people lies.

*Patrick Quanten MD
Independent Health Adviser
Alderney, Channel Islands
United Kingdom*

"Take Control of Your Health and Escape the Sickness Industry"
by Best Selling Author Elaine Hollingsworth - \$35